



FOUNDED 1900  
THE ENGLISH SCHOOL  
A SECOND CENTURY OF EXCELLENCE

# ADVENTUROUS JOURNEY ROUTE CARD

Proud to deliver



<b>Aim of Adventurous Journey:</b>							<b>Group Name:</b>			<b>The English School Nicosia</b> P.O. Box 23575 1684 Nicosia Cyprus  Tel: +357 22 799300  Email: dofe@englishschool.ac.cy	
<b>Day of the week:</b>		<b>Names of team members:</b>									
<b>Date:</b>											
<b>Day number: (1<sup>st</sup>, 2<sup>nd</sup> etc.)</b>											
Leg	PLACE WITH GRID REF	General direction or bearing	Distance in km	Height climbed in m	Time allowed for journeying	Time allowed for exploring, rests or meals	Total time for leg (f) + (g)	Estimated Time of Arrival (ETA)	Setting out time:		
	START								Brief details of route to be followed or planned activity. (Enter full details of activity on reverse)		Escape/Notes
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)		(k)
1	TO										
2	TO										
3	TO										
4	TO										
5	TO										
6	TO										
7	TO										
8	TO										
<b>Totals:</b>									<b>Supervisor's name and Tel No:</b>		

## Activity Plan

Leg/Activity	Task	Activity details

### Route Card – notes on completion

- Use one form per day.
- For each leg involving journeying only, complete all the columns (= b to k).
- When non-journeying activity (exploring) is planned at the break between legs, leave columns (c) to (f) blank, enter the estimated time required to complete the activity in column (g), complete columns (h) and (i), and enter brief details of the activity in column (j).
- If exploring is to be carried out during a leg, enter the route details in columns (b) to (f), add the time planned for the activity to the rest and meal times in column (g), and complete columns (h) to (k). Enter brief details of the activity after the route description in column (j)